

# LifeCare May 5k Run/Walk

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	VAN MUNSTENTEIGER		M: 1	RUNNER	291	00:17:20.74	05:34	10.7mph	Overall Male Runner: 1
2	ASHER MUNSTENTEIGER		M: 2	RUNNER	292	00:19:00.85	06:07	9.8mph	Overall Male Runner: 2
3	BRODY KASPROWICZ		M: 3	RUNNER	271	00:19:23.00	06:14	9.6mph	Overall Male Runner: 3
4	KEN HAIDEN		M: 4	RUNNER	392	00:20:29.93	06:35	9.1mph	Overall Male Runner: 4
5	ABRAM HEUNER		M: 5	RUNNER	355	00:21:12.62	06:49	8.8mph	Overall Male Runner: 5
6	CALEB VANDEWEGE		M: 6	RUNNER	336	00:21:25.20	06:53	8.7mph	Overall Male Runner: 6
7	ADAM MUNSTENTEIGER		M: 7	RUNNER	364	00:22:02.36	07:05	8.5mph	Overall Male Runner: 7
8	AUDREY HAIDEN		F: 1	RUNNER	390	00:22:10.17	07:08	8.4mph	Overall Female Runner: 1
9	CHELSEA NELSON		F: 2	RUNNER	297	00:22:10.17	07:08	8.4mph	Overall Female Runner: 2
10	JOHN DELANEY		M: 8	RUNNER	394	00:22:17.01	07:10	8.4mph	Overall Male Runner: 8
11	ARLYNN MELVI		M: 9	RUNNER	371	00:22:27.51	07:13	8.3mph	Overall Male Runner: 9
12	BEN HUENER		M: 10	RUNNER	253	00:22:58.92	07:23	8.1mph	Overall Male Runner: 10
13	LAURA FUGLEBERG		F: 3	RUNNER	237	00:23:28.53	07:33	7.9mph	Overall Female Runner: 3
14	SARAH JACK		F: 4	RUNNER	261	00:23:44.06	07:38	7.9mph	Overall Female Runner: 4
15	BENJAMIN BRAUN		M: 11	RUNNER	215	00:23:44.23	07:38	7.9mph	Overall Male Runner: 11
16	RENAE JOHNSON		F: 5	RUNNER	270	00:25:34.60	08:13	7.3mph	Overall Female Runner: 5
17	D'MARI HUSTON		M: 12	RUNNER	360	00:25:58.63	08:21	7.2mph	Overall Male Runner: 12
18	KYLE HUSTON		M: 13	RUNNER	258	00:26:02.09	08:22	7.2mph	Overall Male Runner: 13
19	KELSEY LEVERINGTON		F: 6	RUNNER	280	00:26:14.89	08:26	7.1mph	Overall Female Runner: 6
20	BJORN BAUMGARTNER		M: 14	RUNNER	372	00:26:19.76	08:28	7.1mph	Overall Male Runner: 14
21	JESSICA SEVERSON		F: 7	RUNNER	321	00:26:53.87	08:39	6.9mph	Overall Female Runner: 7
22	SCOTT LEVERINGTON		M: 15	RUNNER	278	00:27:09.86	08:44	6.9mph	Overall Male Runner: 15
23	JAKE LEVERINGTON		M: 16	RUNNER	279	00:27:11.47	08:45	6.9mph	Overall Male Runner: 16
24	ROSS HOMSTAD		M: 17	RUNNER	251	00:27:15.23	08:46	6.8mph	Overall Male Runner: 17
25	GRACIE HAIDEN		F: 8	RUNNER	388	00:27:56.77	08:59	6.7mph	Overall Female Runner: 8
26	JODI SANDSTROM		F: 9	RUNNER	316	00:27:59.51	09:00	6.7mph	Overall Female Runner: 9
27	KRISTINE OSLUND		F: 10	RUNNER	301	00:28:02.98	09:01	6.6mph	Overall Female Runner: 10
28	TRINA HANSON		F: 11	RUNNER	245	00:28:06.83	09:02	6.6mph	Overall Female Runner: 11
29	REESE NOVACEK		F: 12	RUNNER	369	00:28:16.68	09:06	6.6mph	Overall Female Runner: 12
30	JONAS DIDRIKSON		M: 18	RUNNER	401	00:28:21.26	09:07	6.6mph	Overall Male Runner: 18
31	LEVI NOVACEK		M: 19	RUNNER	368	00:28:53.82	09:18	6.5mph	Overall Male Runner: 19
32	ZANDER MAST		M: 20	RUNNER	382	00:28:56.28	09:18	6.4mph	Overall Male Runner: 20
33	NIKI JOHNSON		F: 13	RUNNER	265	00:29:14.77	09:24	6.4mph	Overall Female Runner: 13
34	PAUL STYNSBERG		M: 21	RUNNER	328	00:29:41.80	09:33	6.3mph	Overall Male Runner: 21
35	TREKKER HOMSTAD		M: 22	RUNNER	354	00:30:06.06	09:41	6.2mph	Overall Male Runner: 22
36	BROOKE HOMSTAD		F: 14	RUNNER	252	00:30:19.09	09:45	6.1mph	Overall Female Runner: 14
37	JOE JOHNSON		M: 23	RUNNER	269	00:30:24.38	09:47	6.1mph	Overall Male Runner: 23
38	AMBER OLSON		F: 15	RUNNER	373	00:31:25.97	10:07	5.9mph	Overall Female Runner: 15
39	PATRICK OLSON		M: 24	RUNNER	374	00:31:29.64	10:08	5.9mph	Overall Male Runner: 24
40	BAILEE ELLENSON		F: 16	RUNNER	233	00:32:03.91	10:19	5.8mph	Overall Female Runner: 16
41	MAGGIE HAIDEN		F: 17	RUNNER	389	00:32:19.70	10:24	5.8mph	Overall Female Runner: 17
42	KYLIE HAUGEN		F: 18	RUNNER	247	00:32:34.21	10:29	5.7mph	Overall Female Runner: 18
43	CASH NOVACEK		M: 25	RUNNER	370	00:32:52.59	10:34	5.7mph	Overall Male Runner: 25
44	MICAH SEVERSON		M: 26	RUNNER	322	00:32:53.76	10:35	5.7mph	Overall Male Runner: 26
45	SHIRLENE WENSLOFF		F: 19	RUNNER	343	00:33:04.09	10:38	5.6mph	Overall Female Runner: 19
46	AMY WENSLOFF		F: 20	RUNNER	344	00:33:05.61	10:39	5.6mph	Overall Female Runner: 20
47	SARAH BLAKESLEE		F: 21	RUNNER	212	00:34:08.98	10:59	5.5mph	Overall Female Runner: 21
48	IVY OSWEILER		F: 22	RUNNER	379	00:34:25.23	11:04	5.4mph	Overall Female Runner: 22
49	RICK MCBRIDE		M: 27	RUNNER	282	00:35:38.74	11:28	5.2mph	Overall Male Runner: 27
50	JARED BERG		M: 28	RUNNER	209	00:35:50.26	11:32	5.2mph	Overall Male Runner: 28
51	DAWN NELSON		F: 23	RUNNER	296	00:36:17.33	11:40	5.1mph	Overall Female Runner: 23
52	MORGAN BOROOS		F: 24	RUNNER	378	00:36:32.21	11:45	5.1mph	Overall Female Runner: 24
53	PATRICK FROLANDER		M: 29	RUNNER	236	00:36:41.50	11:48	5.1mph	Overall Male Runner: 29
54	JENNA BERG		F: 25	RUNNER	208	00:36:45.79	11:49	5.1mph	Overall Female Runner: 25
55	SARA BAUMANN		F: 26	RUNNER	383	00:37:24.84	12:02	5.0mph	Overall Female Runner: 26
56	BRENDA BAUMANN		F: 27	RUNNER	203	00:37:25.11	12:02	5.0mph	Overall Female Runner: 27
57	JANE GRACZA		F: 28	RUNNER	240	00:38:06.47	12:15	4.9mph	Overall Female Runner: 28
58	BRYON VANDEWEGE		M: 30	RUNNER	335	00:38:14.47	12:18	4.9mph	Overall Male Runner: 30
59	BRADY JOHNSON		M: 31	RUNNER	266	00:38:14.70	12:18	4.9mph	Overall Male Runner: 31
60	PEGGYSUE BERGSTROM		F: 29	RUNNER	210	00:38:41.24	12:27	4.8mph	Overall Female Runner: 29
61	NICOLE ROWE		F: 30	RUNNER	403	00:41:49.37	13:27	4.5mph	Overall Female Runner: 30
62	SUE PELEPETZ		F: 31	RUNNER	304	00:42:01.76	13:31	4.4mph	Overall Female Runner: 31

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Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
63	TILLIE THOMPSON		F: 32	RUNNER	330	00:43:08.10	13:53	4.3mph	Overall Female Runner: 32
64	JACY MORTEL		F: 33	RUNNER	289	00:43:16.59	13:55	4.3mph	Overall Female Runner: 33
65	BERNADETTE NATIVIDAD		F: 34	RUNNER	295	00:43:59.95	14:09	4.2mph	Overall Female Runner: 34
66	HAYDEN PICARD		M: 32	RUNNER	396	00:44:46.52	14:24	4.2mph	Overall Male Runner: 32
67	ANNA SEVERSON		F: 35	RUNNER	320	00:45:15.05	14:33	4.1mph	Overall Female Runner: 35
68	KRISTINA HAHN		F: 36	RUNNER	243	00:45:23.86	14:36	4.1mph	Overall Female Runner: 36
69	PAM SANDO		F: 37	RUNNER	315	00:46:23.93	14:56	4.0mph	Overall Female Runner: 37
70	BECKY HAIDEN		F: 38	RUNNER	391	00:46:29.78	14:57	4.0mph	Overall Female Runner: 38
71	JANE EVANS		F: 39	RUNNER	234	00:46:31.68	14:58	4.0mph	Overall Female Runner: 39
72	OLIVIA MAST		F: 40	RUNNER	380	00:46:42.13	15:01	4.0mph	Overall Female Runner: 40
73	SHANE DELANEY		M: 33	RUNNER	393	00:47:16.77	15:13	3.9mph	Overall Male Runner: 33
74	PAIGE LARSEN		F: 41	RUNNER	387	00:48:22.16	15:34	3.9mph	Overall Female Runner: 41
75	MATTHEW LARSEN		M: 34	RUNNER	386	00:48:22.71	15:34	3.9mph	Overall Male Runner: 34
76	CORINN SHAW		F: 42	RUNNER	323	00:49:36.03	15:57	3.8mph	Overall Female Runner: 42
77	LEVI THORSTAD		M: 35	RUNNER	332	00:49:39.26	15:58	3.8mph	Overall Male Runner: 35
78	CRYSTAL THORSTAD		F: 43	RUNNER	331	00:49:40.46	15:59	3.8mph	Overall Female Runner: 43
79	MELISSA LARSEN		F: 44	RUNNER	275	00:49:52.48	16:03	3.7mph	Overall Female Runner: 44
80	KASEY QUAMME		F: 45	RUNNER	311	00:49:55.94	16:04	3.7mph	Overall Female Runner: 45
81	YEONNE LARSEN		F: 46	RUNNER	384	00:50:04.70	16:07	3.7mph	Overall Female Runner: 46
82	AUBREY PICARD		F: 47	RUNNER	397	00:50:17.69	16:11	3.7mph	Overall Female Runner: 47
83	SARA PICARD		F: 48	RUNNER	395	00:50:18.22	16:11	3.7mph	Overall Female Runner: 48
84	VERNELL BEITO		F: 49	RUNNER	206	00:51:18.91	16:31	3.6mph	Overall Female Runner: 49
85	KELSEY DIDRIKSON		F: 50	RUNNER	226	00:51:19.06	16:31	3.6mph	Overall Female Runner: 50
86	EMILY JOHNSON		F: 51	RUNNER	264	00:51:23.35	16:32	3.6mph	Overall Female Runner: 51
87	LORI FAST		F: 52	RUNNER	235	00:51:25.01	16:32	3.6mph	Overall Female Runner: 52
88	REBECCA BAILEY		F: 53	RUNNER	202	00:51:25.88	16:33	3.6mph	Overall Female Runner: 53
89	SHERRY L BUTLER		F: 54	RUNNER	218	00:51:26.33	16:33	3.6mph	Overall Female Runner: 54
90	CARTER VATNSDAL		M: 36	RUNNER	361	00:52:10.29	16:47	3.6mph	Overall Male Runner: 36
91	BETHANY WARKENTIN		F: 55	RUNNER	398	00:52:22.96	16:51	3.6mph	Overall Female Runner: 55
92	CORRYN SAMS		F: 56	RUNNER	399	00:52:23.00	16:51	3.6mph	Overall Female Runner: 56
93	KELSEY VATNADAL		F: 57	RUNNER	337	00:52:32.04	16:54	3.5mph	Overall Female Runner: 57
94	SAMANTHA PETERSON		F: 58	RUNNER	307	00:52:50.19	17:00	3.5mph	Overall Female Runner: 58
95	KAYLA COLDEN		F: 59	RUNNER	223	00:54:50.00	17:38	3.4mph	Overall Female Runner: 59
96	BETH WESTON		F: 60	RUNNER	345	00:54:50.23	17:39	3.4mph	Overall Female Runner: 60
97	JOHN HUSS		M: 37	RUNNER	257	00:54:52.53	17:39	3.4mph	Overall Male Runner: 37
98	KURT WESTON		M: 38	RUNNER	346	00:54:53.22	17:39	3.4mph	Overall Male Runner: 38
99	JOY OTTO		F: 61	RUNNER	302	00:56:02.73	18:02	3.3mph	Overall Female Runner: 61
100	AFTON BRUGGEMAN		F: 62	RUNNER	216	00:56:21.20	18:08	3.3mph	Overall Female Runner: 62
101	MADISON VATNSDAL		F: 63	RUNNER	338	00:56:25.66	18:09	3.3mph	Overall Female Runner: 63
102	JOSEPH VATNSDAL		M: 39	RUNNER	340	00:56:25.72	18:09	3.3mph	Overall Male Runner: 39
103	STUART MCFARLANE		M: 40	RUNNER	283	00:57:02.83	18:21	3.3mph	Overall Male Runner: 40
104	SHANNON CARLSON		M: 41	RUNNER	221	00:57:03.28	18:21	3.3mph	Overall Male Runner: 41
105	BETH MCFARLANE		F: 64	RUNNER	284	00:57:03.87	18:22	3.3mph	Overall Female Runner: 64
106	MAKENZI FOSTER		F: 65	RUNNER	406	00:57:28.24	18:29	3.2mph	Overall Female Runner: 65
107	HAYLEY BEST		F: 66	RUNNER	405	00:57:28.57	18:29	3.2mph	Overall Female Runner: 66
108	BONNIE CAMERON		F: 67	RUNNER	219	00:57:29.48	18:30	3.2mph	Overall Female Runner: 67
109	JENNIFER MOSHER		F: 68	RUNNER	290	00:58:07.61	18:42	3.2mph	Overall Female Runner: 68
110	TONY CHRISTIANSON		M: 42	RUNNER	222	00:58:07.65	18:42	3.2mph	Overall Male Runner: 42
111	KAMI MOSHER		F: 69	RUNNER	363	00:58:08.34	18:42	3.2mph	Overall Female Runner: 69
112	BOB ROWE		M: 43	RUNNER	404	00:58:09.08	18:43	3.2mph	Overall Male Runner: 43
113	JULIE EATON		F: 70	RUNNER	232	00:58:35.56	18:51	3.2mph	Overall Female Runner: 70
114	SAMANTHA EATON		F: 71	RUNNER	230	00:58:35.63	18:51	3.2mph	Overall Female Runner: 71
115	BRANDI RAUSER		F: 72	RUNNER	400	00:58:37.66	18:52	3.2mph	Overall Female Runner: 72
116	ASHLEY HELLERUP		F: 73	RUNNER	250	00:59:03.21	19:00	3.2mph	Overall Female Runner: 73
117	ASHLEY OLSTEAD		F: 74	RUNNER	407	00:59:10.54	19:02	3.2mph	Overall Female Runner: 74
118	BREANNA MONSON		F: 75	RUNNER	288	00:59:10.73	19:02	3.1mph	Overall Female Runner: 75
119	RACHEL LANDMAN		F: 76	RUNNER	273	00:59:16.23	19:04	3.1mph	Overall Female Runner: 76
120	DANIEL JEAN		M: 44	RUNNER	262	01:00:04.37	19:20	3.1mph	Overall Male Runner: 44
121	JA'VON HUSTON		M: 45	RUNNER	359	01:00:34.04	19:29	3.1mph	Overall Male Runner: 45
122	KAY HUSTON		F: 77	RUNNER	260	01:00:34.10	19:29	3.1mph	Overall Female Runner: 77
123	ASHLEY HUSTON		F: 78	RUNNER	259	01:00:39.67	19:31	3.1mph	Overall Female Runner: 78
124	EVAN BRUGGEMAN		M: 46	RUNNER	217	01:00:48.29	19:34	3.1mph	Overall Male Runner: 46

# LifeCare May 5k Run/Walk

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
125	STEPH TANGEN		F: 79	RUNNER	409	01:01:03.46	19:39	3.1mph	Overall Female Runner: 79
126	ARCHIE CAMERON		M: 47	RUNNER	220	01:01:03.54	19:39	3.1mph	Overall Male Runner: 47
127	MIKE TANGEN		M: 48	RUNNER	408	01:01:03.57	19:39	3.1mph	Overall Male Runner: 48
128	ROBERT NARVAIZ		M: 49	RUNNER	294	01:02:10.26	20:00	3.0mph	Overall Male Runner: 49
129	ASHLY NARVAIZ		F: 80	RUNNER	293	01:02:14.31	20:01	3.0mph	Overall Female Runner: 80
130	CALI GREEN		F: 81	RUNNER	241	01:02:20.07	20:03	3.0mph	Overall Female Runner: 81
131	MALLORI JEAN		F: 82	RUNNER	263	01:03:37.54	20:28	2.9mph	Overall Female Runner: 82
132	KATIE LAUGEN		F: 83	RUNNER	276	01:05:36.02	21:06	2.8mph	Overall Female Runner: 83
DQ	BRITTANY GOOS		F: 84	RUNNER	239	00:24:15.25	07:48	7.7mph	:
DQ	KAITLYN LARSEN		F: 85	RUNNER	385	00:24:55.70	08:01	7.5mph	: